



Welcome Package

What to expect, legalities & agreements

Welcome to the community!

We are so glad you are here! Those who dance become elevated in many other area's of their life. Dance & fitness are so much more than exercise. Here we promote healthy, safety, discipline, and honouring your body.

WOW.af Strives to nurture & develop talent, celebrate the achievements of all students & inspire love & appreciation of all styles of dance. We are committed to providing a safe & positive environment in which all students can feel empowered, comfortable & free to express themselves.

WOW.af Owner
-Coral Rose

A handwritten signature in black ink, appearing to read 'Coral Rose', is positioned to the right of the text identifying her as the owner.

What to expect:

You will always be greeted kindly by our staff. At the beginning of class, the front door will be locked so there are no interruptions during class. Classes will have three parts: 1- Warm-up, 2- Class instruction, 3- Cooldown. Each segment of the class is integral to learning skills. During our warmup, we will target area's specific to preventing injury, and promoting strength in the area's that will help us perform our skills. During Class instruction, we will be given the meat and bones of today's lesson. We will learn skills by breaking down each skill into smaller parts so it is easy to follow and understand. Our cool down will give the body some time to integrate the movements and rest before you carry on with your day.

After your first class, you will be added to a closed Facebook group specific to your class or aerial designation. This Facebook group will be a place where you can contact your instructor, studio management, and other members and stay up to date on any notices & changes to the schedule, as well as any ongoing fitness challenges, promotional deals or other online content. This Facebook page is the perfect place to share your success with fellow members!

**If you do not have Facebook please notify us so we can add you to our e-mail or SMS list to keep you informed and updated.*

**For safety reasons this 'Welcome Package' must be filled out entirely & accepted by the owner or management before you are able to register & participate in our speciality fitness classes.*

Student Etiquette

At Studio W.O.W are inviting you to co-creating this community with us. Our vision is to be a facility where every action is made with a deep & satisfying respect for one's self, each other, the space & equipment.

Do's

- Preregister for your class!
- Read & respect studio policies.
- Arrive adequately fed & hydrated
- Arrive on time
- Bring appropriate attire for the class
- Be as odourless as possible.
- Remove Jewellery
- Remove outdoor shoes.
- Encourage positivity.
- Clean your crash mat or yoga mat after use
- Put items in their designated area after use

Don'ts

- Do not Apply lotions, oils or perfumes the day of class
- Do not Arriving under the influence of anything
- Do not Wearing clothing with metal (zippers gromets etc.)
- Do not Arriving late for class.
- Do not Bringing emotional baggage into class
- No Touching or leaning against mirrors
- Don't Eat/drink/chew gum (water is okay)
- No cell phones in class (airplane mode is ok)
- Don't Instruct unless you are an instructor
- Do not try new moves without an instructors awareness.
- No negative comments about the abilities of any other member

Confidentiality/Policy/ Membership Agreement

CONFIDENTIALITY-

I understand that all **WOW.af** members reserve the right to keep their activities private for their own personal reasons. I agree that I will not share the names, images, video, voice recordings, experiences or material containing other members unless given express consent to do so.

I understand that choreographed material provided for instruction, are property of **WOW.af** & are NOT to be taught in any facility not containing **WOW.af** in its legal entity. I acknowledge & agree that no right or license is granted under this Confidentiality Agreement by **WOW.af** either expressly or by implication. I understand that any & all proprietary rights, including without limitation, copyright laws & proprietary rights in & to the Confidential Information shall be & remain with **WOW.af** in accordance with the provisions of the terms of instruction by **WOW.af**

I understand that instructors are required to lock doors that give access to the studio if they are the only staff on the premises & class is in session. It is my responsibility to arrive to class on time. Arriving late for class may result in being denied participation but granted access to watch or, possibly being locked out of the facility & considered 'no-show' with no ability for refund.

I acknowledge that a full list of current **WOW.af** policies are publicly displayed on their website at all times. **WOW.af** reserves the right to at any time & for any reason update their policies. If policy updates occur they will be publicly announced & displayed on the website. It is my responsibility to read these announcements.

If I sustain an injury in, or outside of **WOW.af** I agree that I will be forthright with that information before participating in any activities. I understand that the instructors, management & other staff have several lawful duties & I give them the right to denying my participation to **WOW.af** activities if they see safety or liability issues. I understand that I have a personal responsibility to act in a safe & respectful manner at all times & to follow the guidelines in the above "Student Etiquette". I understand that breaching any of the terms in this agreement, or any other written policy/agreement hereafter can result in the termination of my membership with no chance of refund.

PARTICIPANT INITIAL HERE

* By initialling this page I confirm that I have read & agree to the terms outlined

Personal Information		
FULL LEGAL NAME (print)	HEALTH CARD NUMBER	
BIRTHDAY (dd/mm/yy):	NAME OF FAMILY DR.	
Medical Disclosure		
FOR YOUR SAFETY, WE HAVE THE LEGAL RIGHT TO DENY PARTICIPATION BASED ON PRIOR & CURRENT MEDICAL CONDITIONS & INJURIES		
Have you experience dizziness and/or chest pain when you perform physical activity. YES [☐] NO [☐] Have you become dizzy and/or lost consciousness in the last 12 months. YES [☐] NO [☐] Are you currently taking medication for a physical illness and/or injury. YES [☐] NO [☐] Are you diagnosed with a chronic medical condition. YES [☐] NO [☐] -IF YOU HAVE ANSWERED YES TO ANY OF THE ABOVE QUESTIONS WE REQUEST YOU FILL OUT AN ADDITIONAL FORM-		
Emergency Contact		
THIS INFORMATION IS IMPORTANT IN THE EVENT OF AN ACCIDENT OR MEDICAL EMERGENCY		
CONTACT 1:		
(Name)	(Relation)	(Phone)
CONTACT 2:		
(Name)	(Relation)	(Phone)
Please include any special medical/personal information you would want an emergency care provider to know:		

I understand that **WOW.af** does NOT provide health insurance coverage & I know of no medical of physical reason why I should not perform the activities provided by **WOW.af**. I consents to first aid, emergency medical care & if necessary, transportation & admission to an accredited hospital, for treatment of injuries that may be sustained while participating in **WOW.af** activities. I understand that I am fully responsible for any & all expenses associated with care provided.

I voluntarily provided the above contact information & authorize **WOW.af** & it's representatives to contact any of the people listed above on my behalf in the event of an emergency.

I am 18 years of age or older & agree that all information above is truthful and correct.

PARTICIPANT INITIAL HERE

SUBSCRIPTION AND MEMBERSHIP PAYMENTS

SALES & MEMBERSHIP POLICY.

Notwithstanding any other provisions of this Agreement, you understand and agree that the amount of your monthly membership dues is based on current sales tax rates and to the extent such rates should increase during your membership, the club has the right to increase your monthly membership dues by the amount of such increase. If you have requested the privilege of paying your monthly dues by preauthorized electronic funds transfer, the monthly amount so transferred will be adjusted to reflect any increase in the sales tax rate.

THIS NOTICE PROVIDES IMPORTANT INFORMATION ABOUT YOUR PAYMENT OPTIONS

You may make payments on an instalment basis or in a single payment. Paying the full amount may be less expensive, but may involve financial risks to you. Read this notice carefully before making a decision. Memberships are non-refundable.

DEFAULT AND LATE PAYMENTS.

Should you default on any payment obligation as called for in this Agreement, the club will have the right to declare the entire remaining balance due and payable and you agree to pay allowable interest, and all costs of collection, including but not limited to potential collection agency fees, court costs, and attorney fees. A default occurs when any payment due under this Agreement is more than ten days late. Should any monthly payment become more than ten days past due, you will be charged a late fee. An additional service fee will be assessed for any check, draft, credit card, or order returned for insufficient funds or any other reason.

ADDITIONAL RIGHTS TO CANCELLATION. If upon a doctor's order, you cannot physically receive the services because of significant physical disability for a period in excess of six months. If you die, your estate shall be relieved of any further obligation for payment under the contract not then due and owing. If you move your residence more than two hundred and fifty miles from any location operated by WOW.af, the services cease to be offered as stated in the contract. All money paid pursuant to such contract cancelled for the reasons contained in this subdivision shall be refunded within fifteen days of receipt of such notice of cancellation; provided however that WOW.af may retain the expenses incurred and the portion of the total price representing the services used or completed, and further provided that WOW.af may demand the reasonable cost of goods and services which the MEMBER has consumed or wishes to retain after the cancellation of the contract. In no instance shall WOW.af demand more than the full contract price from the MEMBER. If the MEMBER has executed any credit or loan agreement to pay for all or part of health club services, any such negotiable instrument executed by the MEMBER shall also be returned within fifteen days.

EARLY CANCELLATION. Any early cancellation of a membership agreement you purchase from WOW.af is subject to adjust the prior payments in accordance to a more accurate membership option plus a \$35.00 administrative fee. Any early cancellation of this Agreement must be submitted in writing to WOW.af management 30 days prior to the next scheduled membership payment. Any payment within your 30-day notice to cancel is required to be paid in order to fulfil your membership cancellation. Absent any provision in this Agreement to the contrary, if you wish to cancel during the term of this Agreement, you shall be required to pay a \$100.00 early termination fee, and shall be current on all other amounts owed under the terms of this Agreement.

FREEZES. If you wish to freeze or suspend your membership, you may do so for a period of no less than one month and no more than three months during the term of this Agreement. If you wish to freeze your membership you must provide 30 days advanced notice prior to the start of the freeze, and shall pay a \$50 fee if the freeze is unrelated to a diagnosed injury or medical condition that prevents you from engaging in the services offered under this Agreement, or is without WOW.af management approval.

TRANSFERS. You may transfer your membership upon written WOW.af management approval for a fee of \$25.

DEACTIVATION. Failed auto payments over 30 days will result in a deactivation of your membership and your account. A reactivation fee of \$50.00 will apply to resume membership.

PARTICIPANT INITIAL HERE

Acknowledgement of risk/Release of Liability Waiver

I understand (the "participant") hereby enters into this Agreement with & for the benefit of **WOW.af**, its directors, officers, employees, volunteers, instructors, business operators, agents & the site property owners of Occupiers (the "Company"). "Occupiers" is defined in accordance with the definition of Occupiers contained in the Occupiers Liability legislation in the Province of British Columbia.

The participant acknowledges & understands that there are inherent & significant risks associated with participation in **WOW.af** classes, including (but not limited to) the potential for serious personal injury caused by any event or any condition of the facilities or equipment provided or used by the Company, and health risks such as lightheadedness, fainting, increased blood pressure, chest discomfort, muscle cramps, broken bones, strains, sprains, bruises, concussions, abnormal heart rate, soreness, nausea, heart attack, stroke, and possibly death.

The participant understands that such risks are relative to the Participants level of fitness & health (physical, mental, & emotional), and to the awareness, care & skill which the participant demonstrates while participating in **WOW.af** activities. **WOW.af** reserves the right to refuse Participants entry to specified courses based on inability to perform.

The participant hereby releases **WOW.af** & accepts & assumes ALL responsibility for ALL risks & possibilities of personal injury, death, property damage or loss resulting from his/her participation in the activities, including accidents or injuries that occur within the facilities (eg. washrooms, dressing rooms, showers, staircases & other areas). The facilities & programs offered by the Company have been designed & established to provide the optimum level of beneficial exercise & enjoyment without compromising the health & safety of those who utilize the facilities or participate in **WOW.af** activities. Due to the nature of **WOW.af** activities & the equipment that is an integral part of such activities, there is an inherent risk of injury. This results in a practical limitation being places on the Company in its effort to prevent injuries to participants, whether actively participating in **WOW.af** activities, utilizing equipment or otherwise taking advantage of the facilities.

The participant freely accepts these risks & agrees to the terms of this Waiver & release, unless the company is found to be negligent or in breach of any duty of care of any obligation to the Participant with respect to his/her participation in **Walk on Wind Alternative Fitness**

*I acknowledge that signing this document physically or virtually is legally binding. I have read & agreed to all written material in this 'Welcome Package' which includes: Welcome & What to expect, Student etiquette, Confidentiality/Policy/Membership Agreement, Medical disclosure, Emergency contact, & Acknowledgement of risk/ Release of liability waiver.

Dated this _____ day of _____, in Port Alberni, B.C.

NAME (printed)

AUTHORIZED by WOW.af

PARTICIPANTS SIGNATURE:

RECEIVING STAFF SIGNATURE: